

Woodlands Weekly



Be Ready, Be Respectful, Be Safe

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www.woodlands.kent.sch.uk

30th January 2026

Newsletter No. 18

This week in assembly, we further explored our core value of RESILIENCE. We looked at working through ups and downs in relationships – a key area for young children.

Also this week, **Year R** has travelled to China on their 'Journey around the World'. It was a long flight! They enjoyed tasting rice noodles and vegetables, using chopsticks. They explored the book, 'The Magic Paintbrush' and loved acting the story to each other. They made individual dragon masks and had great fun participating in a dragon dance as part of their PD session. Next week they are off on an even longer journey – watch this space to find out where they go!

Year 1 has been busy learning the basics of sewing as part of their Design and Technology lessons. The children designed their own puppets and then learned how to sew the material together. They practised threading needles and using simple stitches, developing their fine motor skills as well as their concentration and perseverance. The felt puppets are now sewn together and ready for the next stage, when the children will begin adding their decorations and finishing touches.



Year 2 has been continuing to explore their art topic 'Camouflage'. They have looked at different examples of how animals camouflage in nature and examples of different types of artwork. This week, they have tried to camouflage their own handprints by disguising them within a pattern. Can you see any of the handprints in the pictures below?



Year 3 has been focussing on independently writing instructions for keeping themselves healthy in English. In Maths, they are learning a new skill of multiplying a 2-digit number by a 1-digit number. Their understanding of partitioning numbers has been key to this.

Children in **Year 4** have been learning about **electric circuits** and key components such as batteries, wires, bulbs and switches. The children worked together to build their own working circuits which was a fun, hands-on way to develop scientific skills and understanding! Here is a website which they looked at together https://phet.colorado.edu/sims/html/circuit-construction-kit-dc-virtual-lab/latest/circuit-construction-kit-dc-virtual-lab_all.html if you wanted to explore this at home.

Year 6 has been enjoying reading a version of Macbeth in English. They are undertaking the mammoth task of writing an additional scene, exploring what happens to Banquo and Fleance on their journey to Dunsinane Castle to celebrate the coronation of King Macbeth. To fully consider the setting, the children explored the school grounds thinking about figurative language that they can use to describe the woodlands in their writing.



Last week ended with the extremely awesome trip to the O2 arena for our Year 5 cohort to take part in Young Voices. It is by far, one of the best experiences we can offer our pupils - singing and dancing all afternoon and the lights and torches in the evening. So special! Thank you to all staff who came along and to Mrs Richards for her excellent lead in music.

Have a great weekend.

Best wishes,

Vicki

KS2 Football

Miss Husband took 5 boys from Key Stage 2 to the Tonbridge Angels football ground on Friday 23rd January for a friendly tournament with 12 other local primary schools. The event was run by Leigh Academy Tonbridge. The boys did Woodlands proud - both with the energy and determination they brought to every match, - and with their attitude, behaviour and good manners; winning 4 out of 5 games played! Well done Jack, Hayden, Kai, Xavi and Mikey!



KS2 Assemblies

Parents arrive at 2.40pm

Assembly time 2.45pm

Year 3 - Romans, w/c 09/03/2026,

Year 5 - Greeks

Sycamore - Tuesday 10th February 2026

Hornbeam - Wednesday 11th February 2026

Rowan - Thursday 12th February 2026

My Family Coach - expert behaviour and parenting advise website

Being a parent is one of the toughest jobs! You often ask yourself, is this behaviour normal? How can I support my child? Where can I find advice on this? The internet is jam packed with advice and guidance and sometimes that is hard to navigate. At Woodlands we have signed up to a website called 'My Family Coach', all parents and staff have access to this where you can find lots of useful parenting, behaviour and online safety tips in easy to access videos, short articles and podcasts. Please sign up by searching 'My Family Coach' and you can log in by first registering using this enrolment key: D5355CEF or use this link

<https://www.myfamilycoach.com/register/>

Term Dates

2025/2026

Term 1: 01/09/2025 - 17/10/2025

Term 2: 03/11/2025 - 19/12/2025

Term 3: 05/01/2026—13/02/2026

Term 4: 23/02/2026 - 02/04/2026

Term 5: 20/04/2026 - 22/05/2026

Term 6: 01/06/2026 - 21/07/2026

2026/2027

Term 1: 01/09/2026 - 16/10/2026

Term 2: 02/11/2026 - 18/12/2026

Term 3: 04/01/2027 - 12/02/2027

Term 4: 22/02/2027 - 25/03/2027

Term 5: 12/04/2027 - 28/05/2027

Term 6: 07/06/2027 - 21/07/2027

Diary Dates

2025/26

30th Jan KS2 Spring Disco

06th Feb KS1 Spring Disco

12th Feb Mid Winter Read

5th Mar World Book Day

10th Mar NO CLUBS

13th Mar Break the rules day

20th Mar Comic Relief

09th Mar Year 1, Tonbridge Castle

12th Mar Year 4, Hever Castle

05th May NO CLUBS

05th Jun KS1 Summer Disco

16th Jun NO CLUBS

22nd Jun - 26th Jun Year 6 Residential

12th Jun KS2 Summer Disco

04th Jul Summer Fair

Superstar corner

Cara from 6 Aspen recently passed her Grade 3 Tap exam with a Merit. This is a fantastic achievement for her, particularly as she is the only primary school student in her dance class.

She's also looking forward to taking part in the dance school's annual show at the EM Forster theatre in February.

Well done Cara, we are very proud of your hard work and dedication.



Information from our Year 6 Stationery Shop





North East London
NHS Foundation Trust



Online Support
and Intervention
for Child Anxiety



DOES YOUR CHILD HAVE PROBLEMS WITH ANXIETY?

OSI COULD HELP YOU

OSI (Online Support and Intervention) is an online platform designed to help parents to learn tools and techniques to help their child (aged 5 to 12 years old) to overcome difficulties with anxiety.

Parents work through weekly online modules that contain videos, quizzes, and interactive worksheets. Parents are also supported by a weekly telephone/video call appointment with a practitioner.

You can access OSI at a convenient time for you using any electronic device!



HOW TO ACCESS OSI

If your child attends one of our schools and you feel OSI would be helpful for you and your child, please scan the QR code which will take you to our website and the OSI self-referral form.

Alternatively, if you would like to discuss this further with someone or would like to consider alternative support, please speak with the Senior Mental Health Lead in your child's school.



We are kind.



We are respectful.



We work together with our communities.

North East London
NHS Foundation Trust



Online Parent Groups

Supporting your child with their emotional wellbeing

For parents of children at primary school

Supporting Your Child with Fears & Worries

Are your child's worries and fears starting to impact their day to day life? This course will provide you with an understanding of how fears and worries develop in children, as well as **evidence-based strategies** and guidance to support your child with overcoming their fears and worries. This online group runs for **6 weeks** and are run regularly throughout the year.

Understanding Your Child's Behaviour

Are you currently experiencing difficulties with your child's behaviour? This course will provide you with evidence-based strategies to promote a **positive relationship** with your child, supporting them with their emotion regulation and addressing any concerning behaviours. This online group runs for **7 weeks** and are run regularly throughout the year.

If you would like to attend one of our groups, email

ewtandestenquiries@nelft.nhs.uk



www.nelft.nhs.uk



 SIGN UP NOW - SIGN UP NOW - SIGN UP NOW - SIGN UP NOW - SIGN UP NOW

PROVES TO BE WORTH IT

MONDAY 16TH FEBRUARY 9AM - 3PM
&
TUESDAY 17TH FEBRUARY

AGES 4-13

FEBRUARY SOCCER SCHOOL

£22 PER DAY
 £40 TWO DAYS

HUGH CHRISTIE SCHOOL
 3G PITCH
 TONBRIDGE
 KENT
 TN10 4PU



CALL LEE - 07837 996183



 COMING SOON

UEFA LICENSED COACHING

BUILD CONFIDENCE - ENHANCE PLAYER'S SKILL
IMPROVE FITNESS - GAME UNDERSTANDING

AGES 7-11

3G PITCH

SATURDAY GIRLS ONLY SESSION

FIRST SESSION FREE

10.15-11.15AM
HUGH CHRISTIE SCHOOL
TONBRIDGE
TN10 4PU



CALL LEE ON 07837 996183



Supporting children with additional needs and their families in West Kent

FAMILY SUPPORT

Drop-In Support Session for families of children with additional needs

The Family Support team has extensive experience aiding families of children with additional needs. They offer guidance in education, wellbeing, diagnosis, disability benefits, and signposting to local services.

St Stephen's Church Cafe,
37 Waterloo Rd, Tonbridge TN9 2SW

Thursday 5th Feb
Thursday 5th March
Thursday 2nd April
10:30 - 12:30

No appointment necessary!

The session is run alongside a pre school stay and play organised by the church.



space2beme.org.uk support@space2beme.org.uk 01622 764566

Registered Charity: 1140764, Company Reg 07324545





SUPPORTING YOUR CHILD'S ANXIETY



Discover ways to help your child manage their anxiety.

Where:

Longmead Family Hub
Waveney Road, Tonbridge
TN10 3JU

Share experiences of anxiety and increase your understanding of anxiety with other parents and carers in a supportive group.

Date:

11th February 2026

Time:

12.45 – 2.45

To book a place please contact:

tonbridgeandmallingsfh@kent.gov.uk
or call 03000418008



For more information scan the QR code

kentadulteducation.co.uk
FREE, Fun & Informal



Dear Parent/Carer/Grandparent

You have expressed an interest in the course listed below. To confirm your place, please click on this course title '[Supporting Your Child's Anxiety](#)' or scan the QR and follow the steps below to enrol as soon as possible



- After clicking on the link or scanning the QR code, you will be taken to the correct course location on the Kent Adult Education website
- Click enrol
- Click the correct eligibility statement
- You will be asked to enter a password and this is: tonbridge
- You will get a message saying – added. Your course has been added to the basket but you are not yet enrolled.
- Go to My Basket and click
- Review your enrolments
- Click enrol now
- You will then be asked to login (if you already have an account) or register.
- When you have logged in or registered, you will then be taken through a range of windows with questions.
- When you have completed these, you will then get a message to say that you have been enrolled.

If you have trouble with this, please call 03000 415888 and quote MAI/153144/Q/PF and we will enrol you.

The enrolment deadline will be seven working days before the course start date (04/05/2026).

Course Title: Supporting Your Child's Anxiety
Course dates: Monday, 11 May 2026 - 11 May 2026
Course time: 09:30 - 11:30
Venue: East Malling Family Hub, Chapman Way, East Malling, Kent, ME19 6SD

If you are unable to attend this free course, please let me know so that I can offer your place to another family. For courses longer than one week you will need to attend all the sessions but, if you are unable to attend a session, please let me know in advance so I can inform the tutor, and they can give you any missed work.

We want you to have full access to your course and so, if we can assist you with any aspect of your learning, please let us know.

We work in partnership with our colleagues at Family Learning and Kent Adult Education, and welcome feedback about the course, so please complete the end of course evaluation survey on the last session to tell us your thoughts.

We hope you enjoy learning on your course.

Best wishes

School/FH to add contact details

February Half-Term

at The Bluebell Café



Cornford Lane, Pembury, Kent, TN2 4QU

Follow your Heart Trail

Tell us what makes your heart happy to receive a treat

16-20 February, 10am-4pm
FREE to take part

No pre-booking required, collect an information sheet from the Cafe.



February Half-Term: Decorate a Plant Pot and Sow a Seed!



Wednesday 18 February



11-11:30am & 11:30am-12pm



£2 per child

Pre-booking is required. Please text 07916 158577.

Thank you for supporting our charity's mission to empower people on the autism spectrum and with learning disabilities.

