



**SYNERGY**  
MARTIAL ARTS AND FITNESS



## **NEW WOODLANDS AFTERSCHOOL CLUB**

**ITF TAEKWON-DO AND LIFESKILLS CLASS**

**MONDAYS 3:30PM-4:15PM FOR KS1**

**MONDAYS 4:15PM-5:00PM FOR KS2**

**EMAIL TO BOOK YOUR 2 WEEK FREE TRIAL ON:**

**INFO@SYNERGY-MARTIALARTS.CO.UK**

**STARTS MONDAY 13TH MAY**