

SAMA SOUTHEAST

SELF DEFENCE-COORDINATION-FOCUS-CONFIDENCE-RESPECT

Beginners welcome From 4years old

**NEW BOOKING WEBSITE FROM MONDAY 19TH DECEMBER 22
BOOKINCLASS.CO.UK**



KARATE CLASS HELD AT

Woodlands Primary School

Thursdays 5.00pm - 7.00pm

Starting back 5th January 2023



Register and book for your trial lessons with BookInClass

Limited Space available class needs to be pre-booked

 **SAMASOUTHEAST.CO.UK / BOOKINCLASS.CO.UK**

 **01444 461889 / 07876 617 115**