



Carbohydrate Request Form

The Contract Dining Company will be happy to provide carbohydrate and portion size information for any of our menu items. Please fill in the information below and send it to our Quality and Nutrition Manager at allergens@thecontractdiningcompany.co.uk for further assistance.

Child's Information:

Child's Name	
School Attending	
Year Group	
Parent's Name	
Phone Number	
Email Address	
Dietician	

If you have any problems or questions, please contact the Head Office at 01622 890922.