

Woodlands Primary School

Food Policy



Written by	Mary Priestley
Ratified by Governors	Summer 2016
Date for Review	Summer 2019
Signed – Chair of Governors	
Signed – Headteacher	

This policy has been impact assessed by Mary Priestley in order to ensure that it does not have an adverse effect on race, gender or disability equality.

Aims

- To ensure that food provided to pupils is nutritious and of high quality.
- To promote good nutritional health in all pupils;
- To protect those who are nutritionally vulnerable and to promote good eating behaviour.

References

- School food in England (July 2016) (Advisory document)
- Statutory Food Standards (Revised: January 2015)
- School Food Plan Website www.schoolfoodplan.com

Key Points

- ✓ School Meal Service:
The food is provided for all children by the **Contract Dining Company**. Food must meet School Food Standards. The school encourages the company to seek external accreditation for the quality of food and use local suppliers where possible. Food is monitored regularly by staff and pupils and feedback given to the company through termly meetings with local managers.
- ✓ Snacks and Lunchbox Guidance:
Fruit will be available for pupils in the EYFS and KS1 and for children to buy at break time in KS2. KS2 pupils may bring in fruit or vegetables for snack. If other snacks are brought in, pupils will be asked to put the snack away in their bag to take home.
Guidelines will be available for parents on healthy packed lunch choices.
- ✓ Water Provision:
Drinking water is available, free of charge, on school premises. Pupils are encouraged to drink water as the drink of choice.
- ✓ Dining Environments:
Eating environments will be constantly reviewed to ensure that eating in school is a pleasurable experience which includes time spent with peers and teachers.
- ✓ Food Provided outside Lunch
Food available at breakfast and after-school clubs will follow the School Food Standards:
 - Fruit will always be available.
 - Water will be encouraged as the preferred drink.
 - Bread and cereals will not be chocolate coated or contain added sugar or salt.
 - Whole grains will be used at least once a week.
 - Spreads will contain at least 50% fruit when used.
- ✓ Special Events:
Although consideration will be given to choosing healthier options, the following occasions are not covered by school food regulations:
 - Parties or celebrations to mark religious or cultural occasions
 - Fund raising events
 - Clubs/lessons to teach food preparation and cookery skills
 - On an occasional basis by parents or pupils.
- ✓ ***We do not allow nuts to be used in any food at school.***
- ✓ Food Allergies and other Dietary Needs
Any child with a recognised food allergy or dietary need is identified and provision made for that child. In certain circumstances, for the child's best interests and safety, information will be shared with all staff.