WOODLANDS PRIMARY SCHOOL

PARENT FORUM MINUTES

9th March 2017

6:00 -7:00

PPA Room Oak Building

Social, Emotional and Mental Health

Welcome and introductions

Rita Tarrant-Blick, Samantha Nye, Julie Newble, Sarah Hardcastle, Sarah-Jane Derrick, Sam Clerke, Tracie Brown, Nicola Poole, Helen Reynolds, Juliet Bulman, Nina O'Keeffe, Mary Priestley, Ruth Hayfa

Terms of Reference

These were explained to the group.

SEND Code of Practice [2015] definition

This was shared with the group and it was noted how brief it is for such an important subject.

DfE Mental Health and Behaviour in schools [March 2016]

Mrs Tarrant-Blick handed out the DFE guidance document for mental health in school and she highlighted certain sections for groups to read and discuss.

Discussions centred on:

- The pressures on children and young people – social because of social media and academic as standards now seemed so high.
- The importance of allowing children freedom – playing outside, exploring, climbing trees, getting dirty.
- How the Forest School model could prove useful.
- Transitions – (YR-Y1, Y2-Y3, Y6-Y7, preschool-YR) and the pressures they can cause.

Mainstream Core Standards for Social, Emotional and mental Health Needs and

Woodlands menu of strategies, resources and interventions

The group looked at the variety of strategies, resources and interventions that were in place across the school and thought that they were extremely comprehensive.

Actions:

- Continue to think about the key transitions and how to manage the children's social and emotional health during these times. Ensure good preparation for physical changes and routines.
- Investigate the Forest School approach (Sam Clarke and Mrs Priestley to meet)
- Ensure all interventions are communicated to parents.
- Ensure children are clear about who to approach if they are feeling vulnerable – through class discussions and assemblies.

Suggestions for future meetings

- Transitions
- Developing the outside areas of the school

Mrs Rita Tarrant-Blick

AHT Behaviour & Safety

Inclusion Manager